



Welcome in the Utrecht Region

Introduction Programme

We would like to give you a warm welcome, by providing an onboarding training programme preparing you for living and working in The Utrecht Region. At the end of the day, you'll have gained insight into the Dutch culture and society and the influence this has on your daily life. This programme enables you to have more effective communication with Dutch people in work and daily life. Next to that, you will receive practical tips and information on housing in the Utrecht Region.



Feeling safe and secure in your new social environment.



Greater awareness of and ability to handle and respond to cultural differences.



Royal Tropical Institute
Intercultural Professionals



Obtaining a basic level of proficiency in the Dutch language.



Professional volunteers who are internationals themselves will join for drinks. They can answer any of your questions.



Programme

09:15 - 09:30	Arrival and reception	A warm welcome with coffee and an explanation of the program.
09:30 - 11:00	Images about the Dutch and reflection on your own culture	You are invited to express your images about the Dutch and The Netherlands, followed by an interactive presentation on the basics of cross-cultural communication and the effects of living abroad are discussed, including their impact on your personal performance.
11:00 - 13:00	Behavior patterns and their backgrounds in The Netherlands	This module discusses the host country's most important behavior patterns. The participant learns to recognize these patterns and develop an understanding of the inhabitant's social background, and way of thinking and operating.
	Living in The Netherlands/Utrecht	During this presentation the trainer will share his/ her knowledge and experiences with living in the Netherlands. We will cover aspects such as housing, shopping, education, the expat community, possibilities of employment for the partner, health and recreation.
13:00 - 13:45	Lunch	
13:45 - 15:15	Survival Dutch	Would you like to get a taste of Dutch? Then join our workshop in which you can take your first steps towards the Dutch language! On the menu: Introducing yourself, pronouncing famous Dutch words, counting in Dutch and ordering your favourite drink in a bar!
15:15 - 15:45	Housing in the Utrecht Region	Learn all about how housing in the Netherlands and Utrecht Region works and get practical tips to find a residence.
15:45 - 17:15	Out & About in Utrecht	Guided tour through the city of Utrecht. To help find your way and learn about practical issues such as using an OV-chip card, shopping, recreation and more.
17:15 - 17:45	Evaluation & drinks	Professional volunteers who have themselves been expats will join for drinks. This way you can get first-hand information about living in the Utrecht Region and make a start with joining the Utrecht Region community.