

## Newsletter - April 2020

Dear international,

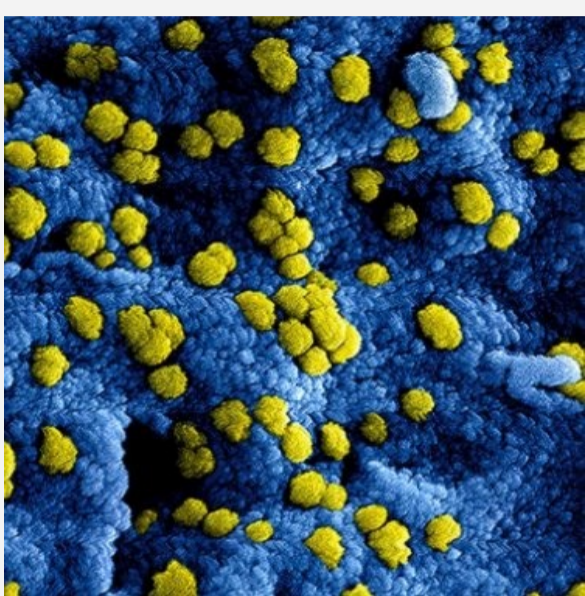
First and foremost, we hope that you, and those close to you, are well and staying strong during these strange and challenging times.

We understand that you may have questions and are in need of information. Please know that we are determined to continue to serve you as best we can. While we cannot provide you with information at our counters, we can give you the possibility to receive information and advice online! You can join our free online webinars and contact us with your questions about life in Utrecht Region. Do check the information below to learn more about our current services. Let us know how we may be able to help you.

Keep safe and healthy.

The best wishes,

The team of the International Welcome Centre Utrecht Region



### Changes to our services

The government has taken a series of measures to prevent the spread of the coronavirus. Following the guidelines, we have made some changes to our services. We had to close our counters to prevent social contact. Some services and support, however, are available online. We organise free webinars and our information officers are happy to answer your questions about life in Utrecht Region. Have a look at our website for more information and do not hesitate to get in touch!

[> Learn more](#)

### Webinar: the secrets to reaching your dreams

How to achieve your dreams in today's world? Join our free online webinar to get information and advice from our partner Life & Career Coach Natália Leal! During the webinar on Wednesday 22 April, Natália will give tips to help you make meaningful, long-term changes to your professional or personal life. She will also answer your questions. Check out the link below to learn more about this event and register.

[> Learn more](#)



### King's Day Special

King's Day is a huge happening in the Netherlands and we would like to introduce you to this festive tradition. Unfortunately most festivities are cancelled. However, this doesn't mean that we can't celebrate! We made an online special to give you a King's Day experience. On Monday 27 April, our special webpage will be filled with tutorials, fun facts, festive activities and videos. Celebrate King's Day on your own, with your family or roommates: online and indoors. Let's make it a fun and festive day!

[> Learn more](#)

### We want you!

Utrecht is looking for cultural talent. As we all know, we are currently not able to go outside for our daily dose of culture. Therefore, the organisers of the 'Culturele Zondagen' are sending some entertainment straight into your living room with CZ@Home. Several cultural partners in Utrecht are producing digital programs filled with music, film, games, dance, art, and more. And you can join. Are you an artist? Is your family Utrecht's best dancing crew? Or are you the next Van Gogh? Join!

[> Learn more](#)



## News

### How to keep your head cool and hearts warm in times of isolation

by Coach Ida

[Read](#)

### Five reasons why Utrecht is such a great city to live in

by CS Housing

[Read](#)

### A moment to reflect in times of uncertainty: free online dialogue sessions

by Utrecht in Dialogo

[Read](#)

## Agenda



22 Apr

### Free webinar on the secrets to reaching your dreams

How to achieve your dreams in today's world? Join our free webinar to get information and advice from Life & Career Coach Natália Leal!

[Learn more and register](#)



27 Apr

### Online King's Day Special

On Monday 27 April we will celebrate the birthday of the Dutch King Willem-Alexander with an online King's Day Special! We will go live with a webinar with a filled King's Day Special! We will go live with a webinar with a filled King's Day Special! We will go live with a webinar with a filled King's Day Special!

[Learn more](#)



20 May

### Free webinar on buying a property

We are organising a free online webinar together with our partner Expat Mortgages. During the webinar on Wednesday 20 May, they will explain the steps to follow to secure a home in the Netherlands. More information about this event will follow soon on our website and social media.

[Visit website](#)

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[welcome.utrechtregion.com](http://welcome.utrechtregion.com)

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